

LIMOUSIN AUGUST 2006



Les Roulottes des Monédières
La Malatie
19370 Chamberet

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THINGS TO DO:

1. CHAMBERET

- Maison de l'Arbre

2. TREIGNAC

Distance: 10 minutes by car
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- Walk: Rocher des Folles
(45 min. round trip)
'pleasant stroll'
- Swimming: Lac des Bariousses
(100 ha) ; sports nautiques ; location de matériels divers (canoës, kayaks, pédalos,...) - Plage surveillée en juillet et en août



3. LES MONEDIERES

Distance: 10 – 30mins

- Suc au May (Walk at summit: 15 round minute trip)
- Chaumeil (nice village)
- Cirque de Freysselines (12km round walk starting from the village)

4. BORT LES ORGUES

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Distance: 85km 1h21

Directions:

Exit from Chamberet

Take the D3 (Route du Mont Ceix) [130m]730 m.

Turn right on the D132

Carry on the D160

Turn left on the D940

Turn right on the D979 via Bugeat

Turn right on the D36

In Meymac turn left on the D979

In Saint-Angel turn left on the N89

Go through the N89 and turn right on the D979 via Mestes

Enter into Bort-les-Orgues

- Barrage de Bort (1hr boat trip)



- Les Orgues de Bort
- Neuvic (nice village and lake for swimming)
- Saint Nazaire Site (30 min round walk)
Fantastic views of the Dordogne valley
- Cascade du Saut de la Saule

5. GROTTES DE LASCAUX

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Distance: 94km, 1h15mins

- Tickets sold in Montignac from 9am, only 2000 tickets sold per day

6. UZERCHE

Distance: 26km, 25mins



- Vezere valley
- Medieval town
- Rafting and canyoning: www.vezerepassion.com



Base de la Minoterie
19140 UZERCHE

Tél. 05 55 73 02 84 (calling from out of France : 33 555 730 284)

- Vigeois and Lac du Pontcharal (swimming)
- Cascades de Bialet (bubbly stream walk and picnic area)
- Gorges de la Vézère: Site de la Roche

7. SARLAT

p. 391

Distance:107km, 1h34min



- V. famous Sat and Wed market
- Medieval town
- Site de Montfort (castle) p.330
- Jardins d'Eyrignac p.333



8. LES EYZIES-de-TAYAC-SIREUIL (prehistoric caves)

p.232

Distance:119km, 1h44mins

Full day needed to explore archaeological sites

9. GIMEL LES CASCADES

p.249

Distance:48km, 48mins

- Waterfalls (quite strenuous walk?)

10. LAC DE VASSIVIERE

p.419

Distance:45km

- Boat trips on the lake, swimming, footpaths, fishing, surfing, horse trail riding, rent mini-motor bikes for children, sculpture park

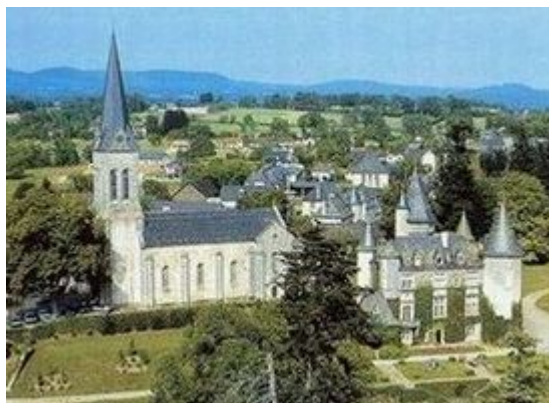
11. POMPADOUR

Distance: 45km

- Horse-breeding town, chateau etc.
- Race course

12. SEILHAC

Distance: 36km



- Lac de Bournazel (swimming)

13. Perpezac -le -Blanc

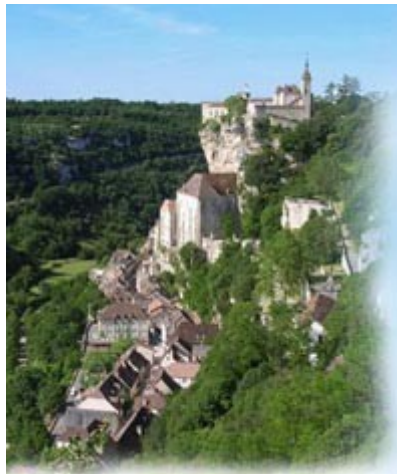
Distance: 78km

- Eglise XIIe siècle classée Monument historique
- Châteaux Le Puy, Long, Bois Noir
- Observatoire astronomique

14. ROCAMADOUR

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Distance: 112km, 1h27



- Historic shrine perched on a limestone cliff, Rocamadour tells a story of religious belief and human endeavour.
- Looking out over the gorge of the River Alzou, this city devoted to the Virgin Mary has remained for over nine hundred years a symbol of faith and hope

15. LA FORET DE SINGES, F-46 500 Rocamadour

Distance: 115km

- DU 1er JUILLET AU 31 AOUT :
de 10h à 19h sans interruption



- Monkey Forest is a natural park with an original concept presenting more than 100 Barbary Macaques, living in full freedom in a natural setting of 10 hectares. You will discover them near the path, or high up in the trees as you make this attractive and unusual walk at your own pace. The greediest (and they are numerous...) will readily approach you to take from your hand the popcorn given to you at the entrance. Barbary Macaques are a highly developed and organised species. The many observations possibilities and the direct contact with the monkeys make the walk extremely interesting for all the family, photographers and animal-loving persons. The Barbary Macaques are originating from the Atlas mountains. Today, they are a threatened species. Two reintroductions to North Africa have already been successfully completed. Around 600 Barbary macaques born in the park were brought back to Morocco to strengthen the wild populations.